

OUR MISSION

To create enriching experiences and beautiful environments for everyone to enjoy.

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2003 POMOCO

Family Movie Series

Pring your friends, family, folding chairs and blankets to Buckroe Beach on Tuesday nights this summer to enjoy free movies. Entertainment begins at 7pm followed by our feature presentation at sunset.

6/17 Hey Arnold! The Movie • G; 76 min.

Based on the popular Nickelodeon television series, Arnold is now on the big screen and must battle a powerful industrialist who moves into town and buys up as much property as he can so he can bulldoze it and build a huge "mall-plex." Arnold and his best friend Gerald must hurry to find the document that can stop the bulldozers.

6/24 Stuart Little 2 • PG; 72 min.

The "littlest" member of the Little family is pint sized mouse Stuart. Stuart is back this time as he takes us on a journey through the city with a very reluctant Snowbell, the family cat. Stuart is on a mission to save his new friend, a bird named Margalo, from an evil Falcon.

7/1 The Wild Thornberry's • PG; 85 min.

On an African safari, Eliza Thornberry discovers that thanks to a shaman, she can now talk to animals. When Eliza discovers that poachers in Africa's Serengeti Desert plan to kill an elephant herd with an electrified fence, she and her chimpanzee friend Darwin must somehow find a way to stop them.

7/8 My Big Fat Greek Wedding •

PG; 92 min.

Everything in Toula Portokalos's life revolves around her Greek heritage... EVERYTHING. Toula is 30 now and her family wants nothing more than

AT BUCKROE BEACH

her to follow the Greek code – to marry a Greek man, to have Greek children, and to feed everyone until the day she dies. When she meets and falls in love with a vegetarian, non-Greek schoolteacher, her father is livid and her family is broken-hearted. The two of them must prove that love can overcome any obstacle in this sweetly riotous comedy.

7/15 Spy Kids 2 • PG; 99 min.

The entire cast of the breakout hit Spy Kids are back in another mini-spy adventure. Carmen and Juni Cortez, the amply-abled offspring of super spies Gregorio and Ingrid Cortez once again find themselves with their parents captured and themselves as the solution to the problem. This time around, however, they are challenged by another pair of spy siblings in a race to save the world...and mom and dad!

7/22 Crocodile Hunter: Collision Course • PG; 90 min.

Inspired by the hit television series on Animal Planet, everyone's favorite (if slightly insane!) Crocodile Hunter Steve Irwin once again puts his life on the line when he gets involved in a CIA operation. A crocodile has swallowed a satellite and it is up to Steve to catch the animal and retrieve the evidence.

7/29 Harry Potter & The Sorcerer's Stone • PG; 152 min.

You've read the book....now see it on the big screen. Based on the enormously popular J.K.

Rowling books, this film adaptation follows the adventures of the books' young hero, Harry Potter.

8/5 Harry Potter & The Chamber of Secrets • PG; 161 min.

The world's most popular wizard – Harry Potter – is back in a second adventure. Harry returns for his second year at Hogwart's with his friends Ron and Hermione despite a warning from house elf Dobby that great danger awaits him.

8/12 Spirit: Stallion of the Cimarron • G; 82 min.

This family-friendly animated adventure follows a young mustang's journey through the Old West. Raised in the wild, he encounters Native Americans, settlers, soldiers, and eventually a young mare that becomes his mate.

8/19 Scooby Doo • PG; 87 min.

Scooby Dooby Doo...Where are you? Scooby is up to his usual wacky adventures with the rest of the gang, Shaggy, Fred, Daphne and Velma...and of course they are all toolin' around town in everyone's favorite ride – the Mystery Machine. Scooby and the gang find themselves on Spooky Island, a giant amusement park, where they have to all pull together and solve a mystery.

8/26 Agent Cody Banks • PG; 110 min.

A government agent trains Cody Banks in the ways of covert operations that require younger participants.

Food & beverages available for purchase. Buckroe Beach is located at the end of E. Pembroke Avenue in Hampton. For more information call 727-8311 or go to www/Hampton.gov/parks • Movies are subject to change without notice.

NFO:

Hampton Blackbeard Festival

Grand Pirate Ball: Friday, May 30th; Festival: Saturday, May 31 & Sunday, June 1 Mill Point Park and Waterfront

Hampton's most notorious (and deceased) visitor returns in early June each year to re-fight the battle which ended in his demise. Edward Teach, alk a Blackbeard, and his crew of pirates storm into Hampton in a historical interpretation of life in 1718. A favorite of all ages, the festival also features live music, children's activities, vendors and authentic period artisans and craftsmen. The second day of this two-day event is dedicated to raising funds for the American Cancer Society. Admission: FREE

Saturday Night **Block Party**

Saturdays • 6:00 - 11:00 PM • Queens Way

On Saturday evenings the intersection of King and Queens Way is the site of music, dancing, laughter, smiles and applause as the Saturday Night Block Party invites visitors to enjoy Downtown Hampton. The traditional free admission street fair features an expanded Children's Area and the best local entertainment on the stage with food and beverages available on the street. Admission: FREE

After Work Wednesdays

Wednesdays • 5:30 PM until Sunset Mill Point Park

A Hampton legend is planning a return after a one-year hiatus. The mid-week concert series made a name for itself with such "before they were famous" acts as The Cherry Poppin' Daddies, Train, Lucinda Williams, Steve Earle, Little Feat and Indigenous, just to name a few. The series hopes to recapture some of the magic it had when it first started several years ago. The site is the cozy, yet comfortable Mill Point Park Amphitheatre on the Downtown Hampton waterfront. Admission: suggested \$2 donation

The Mill Point **Jazz Series**

Fridays • 5:30 PM until Sunset Mill Point Park

Hampton has been known for years as a great jazz town and Fridays on the waterfront you'll find soulful vibrations in Mill Point Park. The start to a great weekend, Mill Point Jazz offers the best in both local and regional jazz talent. Both residents and visitors know to grab a blanket or lawn chair and gather in this spectacular waterfront amphitheatre for some great entertainment. Admission: prices will vary with some

2

DOWNTOWN

Cosmic Kids Club: Space Cadets Virginia Air & Space Center 757 727-0900 • www.vasc.org 737 727-0900* www.vasc.org
Saturday Block Party – Downtown Hampton
Queensway • Hampton EventMakers
Oyster Alley Live Entertainment
Radisson Hotel Hampton • Waterfront
757 727-9700 • nossidar@aol.com

4/SUN Memory and Oblivion Hampton University Museum (through 9/2) 757 727-5308 • www.hamptonu.edu/museum

After Work Wednesdays
Mill Point Park • Hampton EventMakers 9/FRI **Tidewater Artists Association Juried Show**

Charles Taylor Arts Center (through 6/15) Hampton Arts Commission 757 727-1490 • artscom@hampton.gov

Saturday Block Party – Downtown Hampton

Queensway • Hampton EventMakers

Queensway * Hampton Eventwakers
Oyster Alley Live Entertainment
Radisson Hotel Hampton * Waterfront
757 727-9700 * nossidar@aol.com
Commencement & Reunion Weekend
Hampton University (through 5/13)
757 727-5000 * www.hamptonu.edu

After Work Wednesdays
Mill Point Park • Hampton EventMakers

Saturday Block Party - Downtown Hamptor Queensway • Hampton EventMakers Oyster Alley Live Entertainment
Radisson Hotel Hampton • Waterfront
757 727-9700 • nossidar@aol.com

21/WED After Work Wednesdays Mill Point Park • Hampton EventMakers Saturday Block Party – Downtown Hampton Queensway • Hampton EventMakers

Oyster Alley Live Entertainment Radisson Hotel Hampton • Waterfront 757 727-9700 • nossidar@aol.com

After Work Wednesdays
Mill Point Park • Hampton EventMakers

Grand Pirate's Ball
Downtown Hampton • Hampton EventMakers Relay for Life Darling Stadium (through 5/31)

American Cancer Society 757 591-8330 • www.cancer.org Saturday Block Party – Downtown Hampton Queensway • Hampton EventMakers Oyster Alley Live Entertainment

Radisson Hotel Hampton • Waterfront 757 727-9700 • nossidar@aol.com Hampton Blackbeard Festival Waterfront & Mill Point Park Hampton EventMakers

For additional information about Hampton EventMakers listings, please contact:

Hampton Blackbeard Festival Waterfront & Mill Point Park Hampton EventMakers 89th Ministers' Conference Hampton University (through 6/7) 757 727-5000 • www.hamptonu.edu After Work Wednesdays
Mill Point Park • Hampton EventMakers 4/WED

Langley Field: The Early Years Virginia Air & Space Center 757 727-0900 • www.vasc.org

Mill Point Jazz Series
Mill Point Park • Hampton EventMakers
Cosmic Kids Club: Radical Racers 7/SAT Virginia Air & Space Center 757 727-0900 • www.vasc.org

Saturday Block Party – Downtown Hampton Queensway • Hampton EventMakers Oyster Alley Live Entertainment
Radisson Hotel Hampton • Waterfront
757 727-9700 • nossidar@aol.com

Eyes on Earth
Virginia Air & Space Center (through 9/7)
757 727-0900 • www.vasc.org After Work Wednesdays Mill Point Park • Hampton EventMakers 11/WED

13/FRI Mill Point Jazz Series Mill Point Park • Hampton EventMakers Southern Bay Races Hampton Roads River (through 6/15) Hampton Yacht Club 757 722-0271 • www.hamptonyc.com

Saturday Block Party – Downtown Hampton
Queensway • Hampton EventMakers
Oyster Alley Live Entertainment
Radisson Hotel Hampton • Waterfront
757 727-9700 • nossidar@aol.com

18/WED After Work Wednesdays Mill Point Park • Hampton EventMakers

Mill Point Jazz Series
Mill Point Park • Hampton EventMakers Myth and Mirage: The Art of Avel de Knight Charles Taylor Arts Center (through 7/20) Hampton Arts Commission 757 727-1490 • artscom@hampton.gov

Saturday Block Party – Downtown Hampton
Queensway • Hampton EventMakers Oyster Alley Live Entertainment
Radisson Hotel Hampton • Waterfront
757 727-9700 • nossidar@aol.com
After Work Wednesdays
Mill Point Park • Hampton EventMakers

Afrikan American Festival
Mill Point Park
Peninsula Association for Sickle Cell
757 838-4721 • pasca@erols.com 28/SAT Afrikan American Festival

Mill Point Park Peninsula Association for Sickle Cell 757 838-4721 • pasca@erols.com Saturday Block Party – Downtown Hampton Queensway • Hampton EventMakers Oyster Alley Live Entertainment Radisson Hotel Hampton • Waterfront 757 727-9700 • nossidar@aol.com

HAMPTON

757 727-1540

www.hamptoneventmakers.com

2/WED After Work Wednesdays Mill Point Park • Hampton EventMakers

4/FRI Mill Point Jazz Series Mill Point Park • Hampton EventMakers

Cosmic Kids Club: Adventures in Flight! Virginia Air & Space Center 757 727-0900 • www.vasc.org 5/SAT

Saturday Block Party – Downtown Hampton Queensway • Hampton EventMakers

Oyster Alley Live Entertainment
Radisson Hotel Hampton • Waterfront
757 727-9700 • nossidar@aol.com 9/WED

After Work Wednesdays
Mill Point Park • Hampton EventMakers Mill Point Jazz Series
Mill Point Park • Hampton EventMakers

12/SAT Saturday Block Party – Downtown Hampton Queensway • Hampton EventMakers Oyster Alley Live Entertainment
Radisson Hotel Hampton • Waterfront
757 727-9700 • nossidar@aol.com

After Work Wednesdays Mill Point Park • Hampton EventMakers 16/WFD

Mill Point Jazz Series
Mill Point Park • Hampton EventMakers 19/SAT

Saturday Block Party – Downtown Hampton
Queensway • Hampton EventMakers
Oyster Alley Live Entertainment
Radisson Hotel Hampton • Waterfront
757 727-9700 • nossidar@aol.com

After Work Wednesdays
Mill Point Park • Hampton EventMakers
Mill Point Jazz Series
Mill Point Park • Hampton EventMakers

21st Annual Bay Days Juried Show Charles Taylor Arts Center (through 9/7) Hampton Arts Commission 757 727-1490 • artscom@hampton.gov 26/SAT

Saturday Block Party – Downtown Hampton Queensway • Hampton EventMakers Oyster Alley Live Entertainment
Radisson Hotel Hampton • Waterfro
757 727-9700 • nossidar@aol.com 30/WFD

After Work Wednesdays
Mill Point Park • Hampton EventMakers



HAMPTON BLACKBEARD FESTIVAL May 31 & June 1, 2003

Special Events

Mayfest

Saturday, May 17

Family oriented hikes and tours, a free arts and crafts area for the children to express their creativity, arts and crafts vendors' booths, food, and environmental education exhibits. This is just our way of saying thanks to the community for supporting us. Due to our festival's popularity, parking is at Bethel High School with a free shuttle bus ride to Sandy Bottom Nature Park

Six Flags America

Saturday, June 28

Time: 9am-9:30pm Registration Deadline: June 20 Fee: \$45 (Admission, Bus, Snacks)

Location: Largo Maryland Six Flags

Join us for thrilling rides, awesome attractions, sensational shows and

best of all

a free admission to Paradise Island Water Park. For more information call 727-1977.

Tyson's Corner Center Shopping Spree

Saturday, July 12

Voted "Best Shopping Mall" by Washingtonian Magazine Depart 7:30am from City Hall,

Return approximately 8pm to City Hall Cost: \$25 (includes continental breakfast

on the bus)

Save your money or just break out the credit cards for this great day of shopping. At Tyson's Corner you'll discover an unbeatable mix of more than 250 department and specialty stores. There's Nordstrom, Bloomingdale's, Lord & Taylor, L.L. Bean, Banana Republic, Ann Taylor,

Kenneth Cole, Coach and the list goes on & on. There are also some great restaurants where you can take a break and refuel for that last ditch afternoon shopping spree. So get out the comfy shoes, call a friend and let's go shopping. Call 726-5437 for registration information

Hershey, PA

Saturday, July 25

Time: 5:30am-12pm

Registration Deadline: Friday, July 18 Fee: \$65 (Admission, Bus, Hershey Park,

Zoo America)

Location: Hershey, Pennsylvania

Unwrap the fun for the sweetest theme park on earth, thrilling rides, awesome attractions, sensational shows best of all a free admission to Zoo America and the Famous Tour of Chocolate World. For more information call 727-1977.

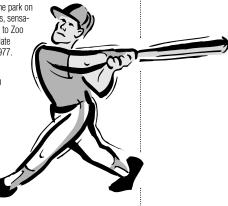
Baltimore Orioles and New York Yankees Trip

Saturday, August 16

Time: 1pm-1am Registration Deadline: July 14 Fee: \$45

Location: Baltimore, Maryland

Join us for the renewal of baseball greatest rivalry. The Baltimore Orioles host the New York Yankees. 727-1602



Storytelling in the Park

Fridays June 20-August 1 (No storytelling on July 4)

At Bluebird Gap Farm • Shows Start at 12:30! Come early and bring a lunch. Stay after & meet the animals!

Moving With The Kreatures

June 20

Kamp Kreatures Pre K-2ndGrade

An interactive moving and grooving puppet show made especially for kids featuring the lively puppet characters of Kamp Kreatures. The puppets lead the children through fun and hilarious movements, while an instructor works with children first hand!

Tiggles and Podley

June 27

Toddlers-Kindergarten

An exciting new puppet production featuring an unusual friendship between a bird name Podley and a worm named Tiggles! Kimba the bird helps children learn that even sharing their most favorite toys can be lots of fun.

Great Wolf Sprit

July 11

Presented by "Pocahontas" All Ages

Come join us as we explore the world of Native American

Storytelling. Native American interpreter Elizabeth Bradshaw weaves intriguing tales of different tribes from the plains Indians to Pocahontas' people of the 17th century Virginia.

Animals of Virginia

July 18

Mother Nature's Traveling Show with Virginia Living Museum

All Ages

Who lives in your neighborhood? Are they furry, scaly or feathery? You might be surprised at who you may find as you travel through the hills and valleys of your own backyard!

Folklore and Mythology

July 25

Lynn Ruehlmann All Ages

Listen, laugh and join in with Lynn as she draws from a rich variety of folk tales and myths to build programs for all occasions. These stories range from humorous to tender, from scary to dramatic!

C. Shells

August 1

Two Time Parents Choice Award Winner! All Ages

Cindy and Shelly have performed together for almost 10 years, using stringed instruments such as guitar, banjo, dobro and mandolin, as well as various percussion instruments, puppets and entertaining props. "C. Shells" will have children of all ages laughing, smiling and stomping their feet!



Wee Friends Who Play Co-Op "Hunting for **Summer Friends**

Age: Birth - 5 Day/Date: June 17- August 22 Time: 9:30-11:30 am Registration Deadline: June 9 Fee: \$5 registration fee for 2-5 year

olds. \$32 for Summer Program Location: Northampton Community Center

This is an exciting pre-school parent/child Summer Camp in which parents and children interact through arts & crafts, circle and storytelling time and free play, while developing and enhancing positive social skills. Fun Field Trips are scheduled on Fridays.

Vision of Charm and Manners Academy

Age: Girls 4-15 Day/ Date: Friday, June 27-Aug 8 & Aug. 15- Sept. 19

Time: 5-6:30pm

Registration Deadline: Day of class

Fee: \$35

Location: Northampton Community Center

Fun with etiquette! Sharing knowledge as well as learning social skills for entertaining, basic etiquette, leadership, personalities and modeling, nail care, table setting, dress for success and more. Learn in a comfortable environment with other young ladies.

Middle School Madness

Age: 11-15 Day/Date: Friday, May 23 Time: 7-11pm Registration

Deadline: N/A Fee: \$3 Location:

> Old Hampton Community Center

Stay out late in a safe, supervised environment. Live karaoke, DJ, swimming, games & tons of fun. For more information call

Arts

Fundamentals of Drawing

Age: 6-12 Day/Date: Tuesday, June 3-24, July 8-29 Time: 4-5pm Registration

Deadline:

2 weeks prior to class

Fee: \$20

Location: Hampton Senior Center

Learn the elements and fundamentals of drawing. Children will explore basic drawing skills using pencils and markers. They will learn cartoon construction and how to add realism to action figures. Students must furnish paper and pencil. Call 727-1602 to register.

Sandy Bottom Nature Center Art Člasses

Make a Puppet

Age: 4-6 Saturday, June 14 Time: 10-11:30am Registration Deadline: June 9

Children will have loads of fun making 4 puppets from everyday household items: a bag, a plate, an egg carton, and a pop-up puppet and will decorate their own puppet theater.

Beach Time

Aae: 4-6 Saturday, June 21 Time: 10-11:30am Registration Deadline: June 16

For the days you can't make it to Buckroe or Nags Head, this class will come in handy. The children will make an ocean wave bottle, a beach in a bottle, a sand art picture and a lei

Musical Instruments

Age: 4-6 Saturday, June 28 Time: 10-11:30am Registration Deadline:

June 23

Want a musician in the family, here's your chance! The children will make instruments from materials that can be found around the house. Some of the instruments we'll make are; drums, bells, shakers, kazoos, and tambourines

\$10 per program or \$25 for all 3 programs

Call 726-5437 for registration information.

Youth Exercise and Fitness

Youth Dance Troop

Age: 6-12 Day/Date: Tuesday & Thursday Time: 4:30pm Registration Deadline: N/A

Location: Old Hampton Community Center Learn with your friends and make new friends while you learn to dance to new & exciting music. For more information call 727-1123



Day/Date: Mon-Fri, June 23-27 Time: 8:30am-3:30pm Registration Deadline: June18 Fee: \$100 (before June 1), \$125 (after June 1) (fee includes food, camp T-

Location: Hampton High School (Location subject to change) Besides teaching basketball and playing

shirt and awards)

games of basketball, this camp offers; academic achievement, life skills and daily speakers. Call 244-4460 or visit www.sixhouse.org to register.

Junior Beginning Tennis

Age: 8-12

Day/Date: Saturday, June 21-July 26 Time: 10-11am Registration Deadline: June 16

Fee: \$45

Location: Syms Middle School Tennis Courts Designed for the "junior" who has little or no knowledge of the game of tennis and would like to learn! Students will learn the basic mechanics of strokes, basic rules and tennis etiquette. Please bring your own tennis racket; we will supply the tennis balls. Call 726-5437

for registration information **Indoor Skating**

Age: 6-12 Day/Date: Fridays Time: 4:30-6 pm Registration Deadline: N/A

Location: Old Hampton Community Center Bring your own roller skates or roller blades.

and skate to great music while having fun! For more information call 727-1123

Tae Kwon Do

Age: 10 & Under. Adults, Families Day/Date: Tues & Fri, starting June 3 Time: Tuesday, 4-6 pm. Friday, 4-6:30pm Registration Deadline: Day of class Fee: \$35

Location: Northampton Community Center

This "High Kicking" art develops self-esteem and discipline along with advanced physical and mental skills for students of all ages. Students learn techniques, forms, philosophy, free sparring and International competition sparring. The five tenets of World Tae Kwon Do Federation Tae Kwon Do are: courtesy, integrity, perseverance, self-control and indomitable spirit. Classes are ongoing and family discounts are available.

To register for Leisure Classes call 727-1601 or go to the www.hampton.gov/parks and click on Summer Happenings for a registration form to mail.

Youth Dance, Drama, and Music

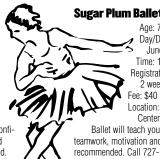
Tiny Tots Ballet

Age: 3-6 Day/Date: Saturday, June 7-28, July 12-Aug 2 Time: 9-9:40am Registration Deadline:

2 weeks prior to start date Fee: \$40

Location: Hampton Senior Center

Ballet will teach your child confidence, teamwork, motivation and grace. Ballet shoes recommended. Call 727-1602 to register



Sugar Plum Ballet

Age: 7-10 Day/Date: Saturday, June 7-28, July 12-Aug. 2 Time: 10-11am Registration Deadline:

2 weeks prior to start date Fee: \$40 Location: Hampton Senior

Ballet will teach your child confidence, teamwork, motivation and grace. Ballet shoes recommended. Call 727-1602 to register.

Youth Dance Troop

Age: 6-12

Day/Date: Tuesday & Thursday Time: 6-12, 4:30pm

Fee: Free

Location: Old Hampton Community Center Learn with your friends and make new friends while you learn to dance to new & exciting music. For more information call

Teens

Party on the Pier

Age: 13-17 Day/Date: Saturday, July 26 Registration Deadline: N/A Time: 4-10pm Fee: Free

Location: Buckroe Beach Everything Teens could want and more. Test your skateboarding skills while halfpiping off the Buckroe Pier or just hang and dance to the tunes of area DJs. There will be much, much more, like contests, exhibitions, Paint Balling, Gladiator Jousting just to name a few. Call 728-3271 for more information.



Age: 13-17 Day/Date: Tuesday & Thursday Time: 5pm

Registration Deadline: N/A

Fee: Free

Location: Old Hampton Community Center

Learn with your friends and make new friends while you learn to dance to new & exciting music. For more information call 727-1123

Hip Hop & Rock

Age: 12+

Day/Date: Saturday, June 7-28, July 12-Aug.2

Time: 11:15am-12:15pm

Registration Deadline: 2 weeks prior to start date

Fee: \$40

Location: Hampton Senior Center

Want to learn the latest moves and groves you've seen on MTV, then this is the class for you. In no time you'll be dancing like you're favorite Pop Star. Call 727-1602 to register.

Teens Beginning Tennis

Age: 13-17

Day/Date: June 11-July 16

Time: 5-6pm

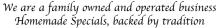
Registration Deadline: June 6

Fee: \$45

Location: Spratley Middle School

Instruction caters to the new tennis player. It includes demonstrations of basic tennis strokes in a supervised gaming environment. Information will also include: basic tennis rules, etiquette, NTRP, conditioning, & on-court injury treatment. Students must provide their own racket; we will provide the tennis balls. Suitable footwear and comfortable clothing are recommended. For registration information call 726-5437.

Mona Lisa PIZZA, PASTA & SUBS



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308 Buckroe Ave. • Hampton (Next to Post Office)

Only \$12⁵⁰ WITH COUPON Extra toppings \$1.50 each (covers both pizzas) NOT VALID WITH ANY OTHER OFFER

2 X-LARGE

PEPPERONI PIZZAS

Hours: M-Th 11am-10pm • F-Sat 11am-2:30am • Sun 1-9pm

Attention Parents!!

Did you know that participation in positive activities is one of the 40 developmental assets?

Developmental Assets are the things that all young people need to grow up successfully.

All kids need assets to grow.

So, review this issue of Happenings with vour children and choose some activities that:

- ☐ Build skills
- ☐ Make learning exciting
- ☐ Promote positive values
- ☐ Enhance getting along with others
- ☐ Increase feelings of self worth
- ☐ Surround children with caring adults

For more ways to build assets, contact:

Hampton Coalition for Youth 728-3280 • foryouth@hampton.gov

Hampton Parks & Recreation

Athletic Programs

Youth Football ages 6-15 July - November (Registration: June) ABERDEEN . Dave Walter 727-0599 CAVALIERS . Sal Dominquez 850-3878 FOX HILL ... Ben Hammond..... 851-8993 HART MCALISTER Arthur Price 838-6251 NORTHAMPTON PHOEBUS . . Charlie Fox 685-6599 WOODLAND Ted Sethman 865-8487 Y.H. THOMAS

Youth Cheerleading ages 6-15 July - November (Registration: June) ABERDEEN . Yvonne Harper. 838-4679 CAVALIERS . Darleen Keeton 722-2430 FOX HILL ... Sherry Brown 850-1099 HART MCALISTER Deena Edwards 224-1563 NORTHAMPTON Bryan Fair. 826-2095 PHOEBUS . . Mary Tuggle 722-3553 WOODLAND Julia Sethman 865-8487 Y.H. THOMAS Sara White 897-0229



Youth Soccer ages 6-16: September-November (Registration: July) HAMPTON SOCCER CLUB (ages 6-15) Karen Haigler 928-1111 ext 5391 PHILLIPS (ages 4-18) Kathy Cato 928-1111 ext 5378 PENINSULA AYSO Robin Pickeral 826-0402

Youth Track & Field ages 8-16 Hershey's Track and Field registration deadline May 30



Youth summer camps

Junior Tennis Camp

Age: 6-13

Day/Date: Mon-Fri, June 23-27, July 7-11, July 21-25, and Aug. 4-8

Time: 8:30-12noon

Fee: \$95

Location: Hampton Tennis Center

Introduce your child to the wonderful world of tennis! Students will learn to "shake hands with the racquet, make contact with the ball, footwork involved with basic strokes & tennis etiquette. Emphasis is placed on eyehand coordination, depth perception and FUN. We'll have drills and games that will help improve your tennis ability. (No running shoes, please). Call 727-1193 for specific details or to register.

Hook a Kid on Golf Tee Level Camp

Age: 8-13

Day/Date: Mon-Fri, June 23-27

Time: 1-4pm

Registration Deadline: May 30

Fee: \$110

Location: The Hamptons Golf Course

This camp is designed for those youngsters who have no prior golf experience. Participants will receive a week of basic introduction in the sport, a starter set of clubs and custom bag, golf balls, golf shirt and hat. In addition to swing fundamentals, participants are taught about the rules and etiquette of the game and about golf course maintenance. Call

727-1975.

Hook a Kid on Golf Green Level Training

Age: 8-15 Day/Date: Mon & Wed, July 7-23 Time: 3-4pm Registration Deadline: June 9 Fee: \$35

Location: The Hamptons Golf Course

Participants must have had previous instruction to the game. The program is aimed at developing golf skills and knowledge of rules and etiquette through practical on-course training. Participants will be taught the basics of course management and learn how

to apply it to their game. They will receive golf balls, tees, divot repair tools, player handbook and a carry bag that attaches to

their golf bag. Call 727-1975.

Punt, Pass & Kick Competition

Age: 8-15 Day/Date: Saturday, August 16 Time: Begins 9am

Registration Deadline: August 1 Fee: Free

Location: Gosnold Hope Park

This event is to give boys and girls the opportunity to show their football skills. Participants will compete separately against their peers in punting, passing and place kicking skills. The winner from each bracket will advance to the sectional round. For additional information call 727-1113.

Girls Field Hockey Camp

Age: 9-13

Day/Date: Mon-Fri, June 23-26

Time: 8:30-12 noon

Registration Deadline: June 13

Fee: \$60 before June 6, \$70 after June 6 Location: Kecoughtan High School

This camp is designed for participants who have had prior field hockey introduction as well as those participants who are new to the sport.

Participants will be taught the basic fundamentals and rules of the game, as well as skill development. The camp will be held rain or shine. Participants must provide mouth guards, shin guards and field hockey stick (limited shin guards and sticks will be available upon request for the duration of the

Junior Ranger Camp

camp). Call 727-1975.

Age: 7-11

Day/Date: Mon-Fri, June 23-July 4; July 14-18; Aug 4-8

Time: 9am-1pm

Registration Deadline: On-going

Fee: \$50

Location: Sandy Bottom Nature Park

This week long day camp teaches children many valuable skills, while having a forest of fun! Outdoor skills such as Wilderness Survival, Camping, Fishing, etc. will be taught along with educational classes on local wildlife, pollution, and much more. If weather permits, we will spend a day at Grandview Nature Preserve collecting saltwater specimens.

Call 825-4835 for more information.

Junior Lifeguard Camp

Age: 9-14

Day/Date: Mon-Fri, June 30-July 10

Time: 9am-3pm

Registration Deadline: June 23

Fee: \$125 for 2 weeks, \$85 for 1 week

Location: Buckroe Beach

This is the third year for this OUTDOOR program. Swimming and running test required. Each child participating will enjoy a positive experience in learning beach and ocean safety in an outdoor setting. They will grow in their appreciation of the physical strength, professional rescue skills and other training required to be an Open Water Lifeguard. Campers will be exposed to lifeguard instructor role models in an environment that will teach them to be good citizens, courteous, respectful and good sports. Uniforms, booklets, group picture, USLA membership included. Call 727-1665 for more information.

Outdoor Adventure Camp

Age: 10-14

Day/Date: Mon-Fri, June 16-20

Time: 9am-2pm

Registration Deadline: June 9

Fee: \$95

Location: Buckroe Beach Park

This camp is designed for those with an adventurous spirit. Participants will kayak, rock climb and so much more. Rope and initiative courses will



transform the group into a team. The camp is designed around day trips to area outdoor recreation attractions. Call 850-5134 for registration information.

Beach Explorer Camp

Age: 9-12

Day/Date: Mon-Fri, June 23-June 27, Aug. 18-22

Time: 9am-2pm

Registration Deadline: 1-week prior to camp

Fee: \$50

Location: Buckroe Beach Park

If you like the water, this is the camp for you. Activities include fishing, learning about marine life, kayaking and field trips to local area attractions. Call 850-5134 for registration information.



Beach Voyager Camp

Age: 10-14

Day/Date: Mon-Fri, July 21-25 Registration Deadline: July 14

Fee: \$60

This camp will introduce participants to the history and ecology of the Chesapeake Bay through a variety of activities including: introduction to paddling, kayak fishing, surf kayaking, orienteering and an overnight camping trip to a city park. If you liked Beach Explorer Camp, you'll love this one. Call 850-5134 registration information.

Suwabi African Ballet & Drums I & II

Age: 6-12

Day/Date: Mon-Fri, June 23-27 & July 21-25

Time: 9am-3pm

Registration Deadline: 1-week prior to camp

Fee: \$100 per session.

Location: 34 Newmarket Square South

Learn traditional African dances, drum rhythms, songs, folktales, and the beauty of African crafts. Before and after care available. Call 728-3273 to register. Maximum students: 15

Kids Can Cook Session I

Aae: 8-13

Day/Date: Mon-Fri, July 28-Aug. 1

Time: 9am-3pm

Registration Deadline: 1week prior to camp

Fee: \$120

Location: Phoebus High School

What's the difference between

Manhattan clam chowder and New Orleans gumbo? Which tastes better: Soft shell crabs or Alaskan Jumbo

Crab Legs? Participants will learn

American regional cookery through culinary terms,

use of kitchen tools and equipment, kitchen safety and sanitation. Visiting chefs from Johnson & Wales will spice up the week. Call 728-3273 to

register. Maximum students: 15

College Cookery

Age: 14-16

Day/Date: Mon-Fri, Aug. 4-Aug. 8

Time: 9am-2pm

Registration Deadline: 1 week prior to camp

Fee: \$120

Location: Phoebus High School

Learn the fundamentals of nutrition, preparation of meals using small kitchen equipment and working within a young adult's budget, plus valuable lifelong skills from Verdonda Wright, The Occupational Foods Instructor and other local Johnson & Wales chefs. Call 728-3273 to register. Maximum students: 15

Forest Fantasy Program

Ane. 4-f

Day/Dates: Mon-Fri, July 28-Aug. 1

Time: 10am-2pm

Registration Deadline: 1week prior to camp

Fee: \$110

Location: Sandy Bottom Nature Park

Fairy tales make us happy when we're sad, they can teach lessons, excite and thrill. Children love them for all these reasons. With a healthy dose of fun and imagination, participants will slip into the world of makebelieve while spending time with Princesses, visiting the three bears' cottage, making keepsake crafts, experiencing cooking and learning all about nature. Call 728-3273 to register. Maximum students: 15

Multi-Media Mix Program

Age: 6-12

Day/Dates: Mon-Fri, July 21-July 25

Time: 9am-3pm

Registration Deadline: 1week prior to camp

Fee: \$110

Location: Sandy Bottom Nature Park

Students will create their own interpretations of nature through mediums including: watercolor, photography, sculpture and printmaking. Call 728-3273 to register. Maximum students: 15

The Adventure Club

Age: 6-10

Day/Dates: Mon-Fri, June 16-Aug 22

Time: 7am-6pm

Registration Deadline: June 9

Fee: \$15 registration and \$70/week

Location: Burbank and Kraft Elementary Schools

Offers all day childcare with various field trips. Call 728-3273 to register. Maximum students: 15

The Club 11-15

Age: 11-15

Day/Date: Mon-Fri, June 16-Aug. 22

Time: 7am-6pm

Registration Deadline: June 9

Fee: \$15 registration and \$65/week

Location: Syms and Lindsay Middle Schools

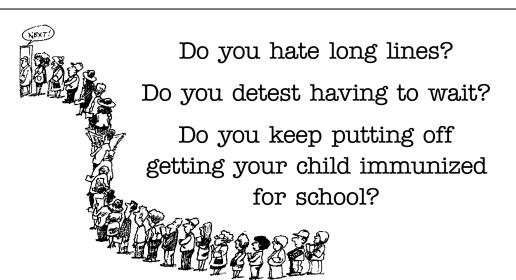
An all day activity center with supervision and field trips. Call 728-3273 to register. Maximum students: 15

Children's Musical Theater Summer Camp

Monday-Friday, June 30-July 20 9am-3pm • Syms Middle School Ages 8-12 • Fee: \$75 Registration Deadline: June 16

The Rite of Passage Experience (R.O.P.E)
Community Theater Gourp offers this
unique camp opportunity. This camp
is an introduction to theater arts and
includes field trips to: the Wells Theater,
Busch Gardens, Hurrah Players
and a Japanese Tea Ceremony.
Before & after camp care is available.
For information call Jodie James
or Phyllis Holland-James 851-1586.

Hampton **Parks** & Recreation is currently seeking sponsors for our __ upcoming events. If you would like to donate any items, purchase ad space in this publication, or sponsor an **C** event please call 726-5437.



You don't have to be part of the last-minute rush this August. Hampton Health Department Immunization Staff can serve you

NOW!

SCHOOL IMMUNIZATIONS ARE FREE Monday-Friday • 8-11:30am & 1-3:30pm No Appointment Needed! Just Walk In!

You must bring your **child's shot record** and, more importantly, you must bring **your child**.

REMEMBER:

- There are shots children need after their 4th birthday
- Hepatitis B Vaccine is required for school if your child was born after January 1, 1994 or your child is entering grades 6-8
- Chickenpox vaccine is required for school if your child was born after January 1, 1997 and has not had chickenpox



The Immunization Clinic • 1320 LaSalle Avenue • 727-1140, ext. 158

(located next to the YMCA in the Hampton Community Services Building)

Join the Hampton Public Library!

Summer Reading Club

June 13-August 8

Children of all ages can participate in the Summer Reading Club any time the library is open (day or night)!

Summer Performers

The following performers will appear at each of the Hampton Public Libraries: Main Library Wednesdays at 10AM-4207 Victoria Blvd., 727-1157, Northampton Branch Library Tuesdays at 2PM-936 Big Bethel Road, 825-4558, Willow Oaks Branch Library Wednesdays at 2PMWillow Oaks Village Square, 227 Fox Hill Road, 850-5114, Phoebus Branch Library Tuesdays at 10AM-1 South Mallory, 727-1149

Rainbow PuppetsJune 17 & 18	8
Paul Krendl-Magician June 24 & 25	5
Virginia ZOO-Wolfin' Down Books July 8 & 9	9
Loud Poetry Guy July 22 & 23	3
Steven's Puppets July 26 only at Main Librar	у
Barbara Spilman Lawson-professional singer/storyteller July 29 & 30tl	h
Betsy Q will perform	

at our Summer Reading Club Party August 2 (at Bluebird)
Call the Hampton Public Library closest to your home for information.

Summer Storytime Schedules

Main Library

4207 Victoria Blvd. call 727-1157 to register

Lapsit Storytime - birth-2 years old, Tuesdays at 10AM June 17-July 8

Terrific Twos - for two year olds, Fridays at 10AM June 20-July 18

Preschool Pals - ages 3-5 years, Thursdays at 10:30AM June 19 through July 10

Tuesday Night Tales - family storytime for all ages, every Tuesday night at 7PM July 8 through July 29

Northampton Branch Library

936 Big Bethel Road 825-4558

Storytime for all ages - Thursdays 10AM June 19-August 7
Wednesday Crafts - 10AM for all ages June 18-August





DAILY SPECIALS
OPEN MONDAY - SATURDAY 10AM - 7PM

RIVERDALE SHOPPING CENTER

IN HAMPTON

PHONE 262-0711 • FAX 262-0715

25% OFF ANY PURCHASE

DINE IN • TAKE OUT & DELIVERY • CATERING



Volunteer Opportunities

Please call for training days and registration forms. Adults subject to criminal background checks.

Youth Volunteer Mentor Program/Friends Helping Friends. This experience will provide an opportunity for youth 11-15, to develop greater self-confidence, ability to work in group settings, and an appreciation of youth who have various disabilities. As a Therapeutic Recreation friend, you will learn to use leisure activities such as sports, games, arts and crafts, music, dance, drama, and trips to improve or maintain the physical, mental, and emotional well being of the camper.

Adult Volunteer Mentor Program for the Out and About Program. Assist program staff and act as a friend in delivery of services and activities to participants with disabilities.

Recruiting Puppeteers Adults/teens are needed for our LET'S PREVENT ABUSE. The puppets feature four endearing multi-racial, child-size puppets that portray children with and without disabilities.

Volunteer Scout Leaders. Adults needed to lead the different scout troops. Call 727-1601 or 727-1777.



HAMPTON PARKS AND RECREATION

presents

Team Building Workshops

DISCOVER THE CONNECTION IN YOUR WORKPLACE BY PARTICIPATING IN A PROGRAM THAT WILL PROMOTE TEAMWORK, INFLUENCE MORALE, AND MOTIVATE EMPLOYEES.

Call our experts at 850-5134 to schedule your workshop!

pecial Needs

All Sport Summer Camp

Ages: 12-21 Day/Date: Mon-Fri., June 16-20 Time: 9-5pm Registration Deadline: June 2 Fee: \$70/week Location: TBA

Targets children with trainable mental retardation and physical challenges. There is one registration fee of \$15.00. Before and after care is available upon request. Call 727-1602 for more information.

Camp Starzz

Ages: 6-11

Age: 6-21 Day/Date: Monday, June 16-August 22 Registration Deadline: June 2 Time: 6-7pm Fee: \$70/week Location: Hampton Senior Center

Camp Starzz will target individual with severe and profound disabilities and physical challenges. There is one time registration fee of \$15.00, 727-1602

Camp Explorer Extended Learning Program

Day/Date: Mon-Fri, June 16-20

Time: 9-5pm Registration Deadline: June 2 Fee: \$70/week Location: Northampton Community Center For children with trainable mental retardation and physical challenges. There is a one time registration fee of \$15.00. Before and after care is available upon request.

Kid Smart Martial Arts Age: 5 to adult for all with special

Day/Date: Tuesday, starting June 3

Registration Deadline: Day of class Time: 6-7pm Fee: Call 875-9168 or 249-3319

Location: Northampton Community Center This class is designed for persons with

Traditional and Specialty Summer Camps

Our traditional and specialty camps provide an opportunity for youth with disabilities to experience the fun of camp. They look forward to coming to camp to discover new abilities and interests, learn about teamwork and sportsmanship, and truly appreciate each other's differences and similarities. They share fun times and make lifelong friends. These experiences will shape their character for the rest of their lives. Please call 727-1602 for fees and camp dates.

Adventure Program for Teens Age: 14-21. (Must be enrolled in school) Day/Date: 2nd Saturday of each month Registration: On-going Time: Varies based on activity Fee: \$4 for transportation. Additional fees based on adventure Location: Various locations throughout the Tidewater community Teens with disabilities will enjoy: hiking, fishing, walking, swimming, skating, horse-back riding, etc. 727-1602

Out and About

Age: 14-Adult

Community Integration Program

Day/Date: 3rd Saturday of each

month

involvement. In many situations, the social interaction is more significant and important to the participants than the activity itself. Limit 10 participants, 727-1602

Boy Scout Program for Boys with Disabilities

Ages: First grade - 21

The basic premise of Scouting for youth with disabilities is that they want to participate like other boys, and this Scouting program gives them that opportunity

A Scout with a permanent physical or mental disability may select an alternate merit badge in

lieu of a required merit badge, if his disabling condition prohibits the Scout from completing the necessary requirements of a particular required merit badge. The program for Scouts with disabilities will also (1) help unit leaders develop an awareness of disabled people among youth without disabilities, and (2) encourage the inclusion of Scouts with disabilities in Cub Scout packs, Boy Scout troops, Varsity Scout teams. Venturing crews, and Sea Scout

Registration: On-going Time: Varies, based on activity Fee: \$4 transportation, additional fee

based on the outing Location: Various locations throughout the Tidewater community.

Social interaction is a major aspect of leisure lifestyle. This is particularly true of adult leisure

ships. Special Needs Scouting will be available for individuals who have: visual impairments, mental retardation, physical challenges, hearing Impairments, and learning disabilities. You must register for this program. Call 727-1601.

Therapeutic Recreation Service's goal is to provide opportunities for children

> and adults with disabilities to participate in recreation

and leisure programs in the Hampton Community

REGISTRATION INFORMATION

Registration begins January 15, 2003, for all programs including the scouting program

Registration forms may be picked up at the Hampton Senior Center, 3501 Kecoughtan Rd for Summer Camp, Preschool playgroup, youth, teens, and adults programs. If your organization participates in programs, we must have a participant form

TRY NEWSLETTER

(Therapeutic Recreation and You)

TRY Newsletter lists programs and activities for persons with disabilities. The newsletter is distributed in the school, and with Hampton/Newport News Community Services Board. If you do not currently receive one, or have a suggestion for a distribution location for the newsletter please call 727-1601 or 727-1777.

Clean City Commission

For information or to register for any of the programs offered by Hampton Clean City Commission call 727-6394 or e-mail hcco@hampton.gov

Volunteers are needed for the following Hampton Clean City Commission committees and activities:

■ Full Commission Meetings, 1st Tuesday of each month, 3:30 p.m., 5th Floor Conference Room, City Hall. Commission members and volunteers plan and evaluate various community cleanup and beautification projects. For information, e-mail hccc@hampton.gov or call 727-6394.

■ Beautification Committee Meetings,

3rd Wednesday of each month, 1:30 p.m., Parks & Recreation Meeting Room, City Hall. Committee members and volunteers plan and evaluate tree planting events, school beautification projects, tree education efforts, and the annual Yards Are Really Distinctive Showplaces Contest. For information, e-mail hccc@hampton.gov or call 727-6394

- Business, Industry, & Governmental Agencies Committee Meetings, 3rd Wednesday of each month, 12 p.m., Hampton Holiday Inn Restaurant. Committee members and volunteers host the Virginia Peninsula Clean Business Forum annually, and select the Hampton Clean Business Award winner quarterly. The committee works to encourage businesses to keep their grounds clean and beautiful. For information, e-mail hccc@hampton.gov or call 727-6394.
- Litter Awareness Committee Meetings, 3rd Tuesday of each month, 4 p.m., Sandy Bottom Nature Park. Committee members and volunteers plan and evaluate various community cleanup projects and

oversee the Adopt-A-Spot program. For information, e-mail hccc@hampton.gov or call 727-6394.

- School Pride In Action Committee Meetings, four times a year, next meeting March 25, 4 p.m., Cooper Elementary School Committee members and volunteers plan and evaluate various school environmental projects, teacher training, and environmental education activities. For information, e-mail hccc@hampton.gov or call 727-6394.
- Adopt-A-Spot Program. People of all ages and all abilities pitch in and help clean up a special place in Hampton. Participants pick a spot and adopt it for two years. They clean it at least five times annually. HCCC loans cleanup equipment to the adopters and provides trash bags and a sign. For information or to sign up, e-mail hccc@hampton.gov or call 727-6394.
- Yards Are Really Distinctive Showplaces Contest, April through September. Seeking nominations for beautiful yards nominated YARDS Contest. To nominate a Hampton yard, e-mail hccc@hampton.gov or call 727-6394.





Please keep Hampton clean & beautiful by taking these simple steps:

Always put trash in its place, even cigarette butts, and encourage those close to you to do the same.

Be careful when placing your garbage & recycling containers at curbside—

make sure everything is secured in bags or otherwise contained so so all the trash goes where it should, and not all over your neighborhood.

Pick up litter when you see it—our city is your home!

Call 311 to report littered areas or to volunteer for city cleanup and beautification activities.

Do your best to keep your residence & your neighborhood clean & beautiful.

Thank you for joining with us in keeping Hampton Clean & Beautiful!



22 Lincoln St, Hampton VA 23669 727-6394 • hccc@hampton.gov • Web Site: hampton.gov/hccc



Buckroë Birthday Bash

Let our experts help you design a Unique Birthday Party for your child!

BEACH ANIMAL TOUCH TANKS
TEAM BUILDING
FUN WITH SHELLS
THE ART OF SANDCASTLES

Call for Your Individual Party Plan:

726-5437

Hampton Clean City Commission

727-6394

The Commission improves and enhances the physical environment of Hampton through beautification and community improvement programs, litter awareness, prevention, and abatement programs, solid waste management education; and urban forestry programs. It also educates citizens and encourages their participation in these areas. Volunteers participate in the Adopt A Spot litter control program; help clean up public areas; work with the schools to encourage activities and programs; encourage clean businesses through the Clean Business Award program; reward residents who have beautiful yards through the Yards Are Really Distinctive Showplaces program; and serve on various committees. Call or email hccc@hampton.gov to become a volunteer.

Outdoor Recreation

Call **850-5134** for information about Outdoor Recreation.

Kayak Fishing

Age: 14 and up Day/ Date/Time: June 21 (1-4pm), July15 (9am-12pm), August 5 (1pm-4pm)

Registration Deadline: Two days before program Fee: \$5

Location: Buckroe Beach Park

Come fish the waters off Buckroe Beach Park. All boating gear will be provided. Feel free to bring your own light/medium tackle. Fishing gear may be rented for \$2.00. Meet at Buckroe Beach Patrol Office on the boardwalk. Private fishing times are available.

Marine Life Touch Tank

Age: All Day/Date: Wednesdays and Saturdays June through August Time: 12-2pm Registration Deadline: N/A Fee: Free Location: Buckroe Beach Park

Have you ever wanted to touch a iellyfish or see one up close and not get stung? Do you wonder what name of the shell you picked up is? Come out and see what is on display each Wednesday and Saturday. Have your questions answered about the marine life of the Chesapeake Bay.

Hang Gliding

Day/ Date: Session 1: June 21, Session 2: July 19 Time: 7am-5pm

Registration Deadline: Session 1: June 6, Session 2: July 4

Fee: \$85

Location: Meet at Buckroe Beach Park and we'll take a bus to Kitty Hawk, N.C.

This day trip takes us to Jockey's Ridge to learn how to hang glide. Each participant will get 5 solo flights after professional instruction. Please

bring your lunch and plenty of water to

Beach Fitness Training

Day/Date: Every other Saturday starting May 31

Time: 9-10am

Registration Deadline: The Thursday before the desired session

Location: Buckroe Beach Park

The same trainer that keeps our lifequards in shape can be yours for an hour. Buckroe Beach Patrol's Training Staff will keep you in shape by doing our combination of running, swimming and cardiovascular activities.

Introduction to Saltwater

Registration Deadline: June 9

Location: Buckroe Beach Fishing Pier

new hobby, or are new to the area. Our staff will teach you about the different equipment and techniques needed to fish

Day/Date: Saturday, July 26 & August 23 Time: 12pm-2pm Registration Deadline: July 24 or August 21

a tent in the woods, this class will equip you with the know-how to make it happen. We offer stepby-step instructions in picking a hike that fits your ability, choosing proper gear and planning menus. There will be discussion on how to chose a campsite and protect food and gear from wildlife.

Beach Cooking

Day/Date: Sunday, June 15 Time: 5-6pm Registration Deadline: June 12 Location: Buckroe Beach Park Stage

Participants will learn the basics of cooking seafood on the heach

Whitewater Rafting

Day/Date: Session 1: Saturday, July 12; Session

Location: Buckroe Beach Park Come out to have a

stroll up and down the boardwalk. Keep track of how far you walk on the boardwalk every week. On Friday morning, enter your distance into the logbook at the refreshment table. After you walk the amount of miles it would take to get to Nags Head, North Carolina (102 miles) you will receive a free T-shirt. The refreshment stand will be located in front of the comfort station.

Grandview Nature Walk

Age: All

Day/ Date: First Sunday of every month Time: 1-2pm

Registration Deadline: none Fee: Free

Location: Grandview Nature Park

This walk will introduce you to an undeveloped beach and salt marsh. Bring the family to see up close what plants and animals live there. and the history of the nature preserve. Meet at the gate on State Park Drive.

Fishing

Day/Date: Thursday, June 12 Time: 4pm

Fee: \$3

This is a great program if you are looking for a the shores of the Chesapeake Bay.

Beginning Backpacking

Fee: \$3 per session

Location: Grundland Creek Park

If you ever had a notion of spending a night in

Tiny Tot Touch Tank

tion and how to plan a trip.

Age: 2-4 years and an adult Day/Date: Session 1: July 14, Session 2: August 11 Time: 10-10:30am

will know the strokes that get you where you

want to go. We will discuss safety, basic naviga-

Registration Deadline: Session 1: July13, Session 2: August 10

Registration Deadline: Session 1: June 28;

Location: Depart from Buckroe Beach Park

you will love whitewater rafting! It has all the

aspects of true outdoor adventure. We supply the

Every other Thursday starting June 19

Fee: \$3

Location:

name the parts of a kayak, you

Noon the day before

Buckroe Beach Park

clinic you will be able to

When you leave this

Registration Deadline:

If you enjoy adventure, water and a good thrill

Session 2: July 26

Fee: \$55 per session

Paddling Clinic

Time: 2-4pm

transportation and the outfitter.

Fee: Free

Location: Buckroe Beach Park Boardwalk

This program is for ages 2-4. This half-hour discovery program allows the child to experience nature with their parent through the use of their senses and motion. A Parent

must accompany child. Reservations are required.



Ecotour of Long Creek

Age: 10 and older Day/ Date: Saturday, June 22 Time: 3-6pm Registration Deadline: June 19

Fee: \$10 Location: Grandview Nature Preserve

Join our ACA certified guides for a scenic kayak trip along Long Creek through White Marsh. Along the way you will see a variety of wildlife. All necessary equipment will be provided for you. Bring insect repellant, a hat, sunglasses and plenty of water.

Ecotour of Hampton River

Age: 12+ older

Day/Date: Saturday, June 7 Time: 2-5pm Registration Deadline: June 5

Fee: \$10 12

Location: Mill Point Park

different point of view. This tour will depart from Mill Point Park. All necessary equipment will be provided for you. Bring insect repellant, a hat, sunglasses and plenty of water.

Ecotour of Factory Point

Day/Date: Saturday, July 19 Time:11am-2pm Registration Deadline: July 17

Location: Dandy Point Boat Ramp

Join our ACA certified guides for a scenic kayak trip to the north end of Grandview Nature Preserve. This area named Factory Point is a great spot to stop while kayaking. Along the way you will see a variety of wildlife. All necessary equipment will be provided for you. Bring insect repellant, a hat, sunglasses and plenty of water.

Ecotour of the Back River

Day/ Date: Saturday, August 16 Time: 12pm-3pm Registration Deadline: August 14 Fee: \$10

Location: Gosnold Hope Park Boat Ramp

This will lead along a few miles of the Back River. Along the way you will see Osprey, mussels and a variety of other wildlife. All necessary equipment will be provided for you. Bring insect repellant, a hat, sunglasses and plenty of water.

Walking the Waterfront

Age: All Day/Date: Every Friday Time: 7am Registration Deadline: N/A Fee: FREE

This Old Bird House • Saturday, July 12

Try your hand at constructing your own simple bird nest box or feeder. We precut and predrill the materials so they are ready to assemble with nails, screws or glue which we also provide. This is a family "team" program designed to encourage parent/child interaction. There is a \$5.00 charge for each team. You are required to sign up early for this program, which has a limit of 6 teams.

Campfire Fun/Moon Madness

Friday, June 27

This family oriented program will allow you to enjoy an evening of stories, songs, and folklore and learn about the moon and the stars with a telescope we have set up. Toasted marshmallows and hot chocolate will top of this evening of fun. Bring a story to share and don't forget the bug spray. This program requires a minimum of 15 people and a maximum of 50, so sign up early. There is a \$1.00 charge per person.

ID That Tree • Saturday, May 31

What kind of tree is that in your yard? Walk through the woods of Sandy Bottom with a park naturalist and learn how to identify the trees here. Learn to tell different aspects of tree identification apart. You will learn to identify over 10 species of trees.

Flying Dragons • Sunday, August 10

Have you ever heard of a clubtail, a darner, a biddie, or a skimmer? Come to Sandy Bottom Nature Park to explore the world of the darting dragonfly. Their colorful cousins, the damselflies, will also be discussed. Accompany a park naturalist as you try to net these fascinating predators and learn why they should be appreciated.

Gem and Mineral Society of the Virginia Peninsula **Monthly Meeting**

Held the first Thursday evening of every month from 6:30-9pm in our Conference Room, members get together to discuss geology, examine rocks and minerals, etc. New members and the public are invited. A monthly program highlighting different aspects of gems and minerals is usually held the last Friday evening of each month

Stargazing

Join amateur astronomer Lawrence Taylor for a guided tour of the night sky. With the aid of a telescope, explore the rings of Saturn, the moons of Jupiter, or gaze into the Orion Nebula. This program will be held the 3rd Friday of June, July, August, and September. This program will involve a hike to our two-story observation platform near our mitigation site for optimal viewing of the heavens.

Kid's Fishing

This program is offered to teach children how to fish safely and to have fun. The program is offered the first and

third Saturday of each month . You must register in advance for this program. It fills up quickly and is limited to 15 children, each of whom must be accompanied by an adult.

Sunday Nature Hike

A park naturalist will take you for a leisurely nature hike from our Nature Center to our Wildlife Exhibit Area. Learn , about the history of SBNP and the nonreleasable animals that we care for. This program is offered every-other-Sunday at

Story Time Alive

This program takes place on the first Saturday of every month of the year at the two local Barnes and Nobles Bookstores. An employee of the bookstore reads and animal story after which we introduce the children to a live animal that the story was about and tell interesting facts about it.

Twilight Hike

An evening nature hike at SBNP is a great time to see and hear animals that live here come "alive". Learn about the animals that are active at dusk. You may see a rabbit, fox or raccoon. Third Fridays, June through September.

Sierra Club Meeting

Held the third Wednesday of every month from 7-10 pm in our Conference Room, members get together to discuss important environmental issues of the day.

Nature

Programs

Sandy Bottom Nature Park

Sandy Bottom Nature Park and Bluebird Gap Farm offer a wide variety of familyoriented nature programs every month. These programs are posted in our monthly Weekend Program Weekend Program Guide that is available free in our Nature Center. You can register for our programs by calling us at 825-4657. The Weekend Program Guide is also available online at our website which is www.hampton.gov/sandybottom.



Bluebird Fallu Gap Farm 825-4750

The Farm Animals of BBGF

Saturday, August 16

During your visit to BBGF learn about similarities and differences among domestic farm animals. Did you know that cows and other ruminants have four stomachs? From one of

their caretakers, discover other interesting facts about cows, sheep,

> goats, and ponies. **Bird Hike at BBGF**

Saturday, May 24 Hike with us around the perimeter of BBGF in search of the farm's many species of birds. This is an early Saturday morning program. Bring your binoculars or borrow a pair of ours. Several species of warblers pass through BBGF during their migration.

BBGF Nature Hike

Saturday, June 7

Take a nature hike through the woods along Newmarket Creek to explore the diversity of habitats of BBGF. Also visit the non-releasable wild animals that we take care of.

limited number of telescopes but feel free to bring your own. Bring bug spray and remember to dress for the weather

Solar Viewing

rings of Saturn. There will be

Stargazing

Age: All

Fee: FREE

at Grundland Creek Park

Day/Date: First Friday of every month. Time: Half an hour after sunset Registration Deadline: none

Location: Grundland Creek Park

Day/ Date: The 2nd Saturday of the month (May -August)

Join an astronomer for a guided tour of the night sky; explore our moon and the

Time: 2pm Registration Deadline: None

Fee: Free

Location: Carousel Park (Virginia Air and Space Center)

Members from the Virginia Peninsula Astronomy/Stargazers will be on hand to introduce participants to the Sun through the use of pictures and telescopes. This is a fun and interactive program for all ages.



Adult Athletics

Adult Soccer ages 17+ November-March (registration: October)

Adult Softball ages 16+ Spring League: March-August (registration: February) Fall League: September-November (registration: August)

Adult Basketball League

Time: Wednesday 6 pm - 9 pm and Saturdays 10 am - 1 pm Location: Northampton Community Center Find community and a great game at the Northampton Community Center! Must have a valid Parks & Recreation ID Card.

Women's **Empowerment Workshop**

Age: Adult

Day/Date: Thursday, June 26 & Sept. 25 Time: 6-8:30pm Registration Deadline: June 20

Fee: \$10 per workshop Location: Hampton Senior Center

These workshops are designed to show women how to reach their peak of success in life. Workshops will teach: How to determine your maximum potential; How to pamper yourself through meditation and massage; How to set and achieve goals; How to manage conflict in relationships. Call 727-1602 to register.

Sign Language

Age: 13+

Day/Date: Thursday, June 19-July24 Time: 6-7pm

Registration Deadline: 2 weeks prior to class Fee: TBA

Location: Hampton Senior Center

Learn to communicate through signing. You must provide your own textbook. Call 727-1602 to register

On Line Classes

Age: All

Day/Date: 300 new classes start each month Registration Deadline: 1. Go to www.ed2go.com/hampton. Review the classes offered and select the class(s) you want to take. 2. Complete and submit your on line registration. A confirmation form will be sent to you within minutes of your registration. 3. Remit payment by completing the confirmation payment form and mailing to: On Line Classes, 3501 Kecoughtan Rd, Hampton, VA 23661. Fee: Varies

Hampton Parks and Recreation has partnered with ed2go which allows us to offer you the flexibility to take classes in the comfort of your home. For more information call 727-1602 or email bthomas@hampton.gov

Suddenly Sushi

Age: Adults

Day/Date: Saturday, June 21 Time: 1-3pm

Registration Deadline: June 16 Fee: \$35 Location: Musasi Japanese Restaurant

The staff at Musasi will show you the basic tools, techniques and supplies

necessary to be a sushi chef in your own kitchen. This class will teach you to make Tofu Miso Soup, Sushi Rice, Futo Maki, and California Rolls. You will also learn the proper technique for eating your rolls, once you know how to make them. Your take home starter kit will include: wasabi, nori, chopsticks, case & mat. Call 726-5437 for registration information.

Basic Dog Obedience

Age: 12+ Day/Date: Saturday, June 21-July 26 Time: 9-10am Registration Deadline: June 16

Fee: \$45 Location: Buckroe Bark Park

Want to improve your relationship with your dog while teaching him to be a "good citizen"? This class will teach on-lead work, heeling, sit/stay, down/stay, coming when called and standing for examination. Puppies should be at least 6 months old and all dogs are required to have current vaccinations & city tags. Dog handlers must be at least 12.

Call 726-5437 for registration information

Genealogy

Age: Adult Day/Date: Saturday, July12 & 19 Time: 9:30-11:30am Registration Deadline: July 7 Fee: \$25

Location: Computer Lab, Hampton Main Library, Victoria Blvd.

Come "find your roots" in this 2-day interac-

tive class. Learn to use Internet sites & other local, state and federal sources to research & organize your family history. Call 726-5437 for registration information.

College Night

Age: 17+ Day/Date: Mondays Time: 6-8pm Registration Deadline: N/A Fee: \$2 with validated college ID Location: Old Hampton Community Center

Take a break from studying and enjoy yourself. There's full court basketball if you want to shoot some hoops, or shoot a game of pool if b-ball's not your thing. Then, there's that all time favorite. ping-pong. If you have a club that needs a meeting room, we have them. Must have a valid college ID. Call 727-1123.

G.E.D. Class

Age: Adult Day/Date: June 9 Time: 5pm Fee: Free Location: Old Hampton Community Center

Sign up now for future G.E.D classes. Students will learn the necessary skills to pass the G.E.D. exam and take charge of their future. Minimum of 10 to hold a class. Call 727-1123

Beginners Woodworking

Age: 13+ Day/Date: Monday & Wednesday, June 9-July 1 Time: 6-8pm Registration Deadline: June 3 Fee: \$45

Location: Syms Middle School Do you watch those woodworking shows

and think, "I wish I could do that"? Here is your chance to learn the proper use of equipment, basic design, construction and finishing techniques. The instructor will offer several projects from which to choose, cost of materials is determined by the project you pick, Call 726-5437 for registration information.

Hatha Yoga

Age: Adult

Day/Date: Monday, June 2, Thursday, June 5, new classes monthly Time: Monday 12:10-1pm & 6-7pm, Thursday, 5-6pm Registration Deadline: 2 weeks prior to class Fee: \$32 for ages 18-54, \$20 for 55+ for each class monthly. Location: Hampton Senior Center

Yoga with the intensity of aerobics. This is a total body workout. Good for all fitness levels. Call 727-1602 to register.

Yoga

Age: 16+

Day/Date: Tuesday, June 10-July 15

Time: 4-5pm

Registration Deadline: June 3

Fee: \$35

Location: Old Hampton Community Center

This class is designed to improve circulation and strengthen and tone the entire body while relaxing the mind and relieving the stresses of everyday life. You will learn gentle Yoga postures to promote balance, poise and concentration. Call 726-5437 for registration information.



Age: All

Day/Date: Saturday & Sunday Beginning May 24 Time: 10am Registration Deadline: You can register on site Cost: \$10 per session Location: Buckroe Beach Park Main Stage

This class is designed to improve circulation and strengthen and tone the entire body while relaxing the mind and relieving the stresses of everyday life. You will learn gentle Yoga postures to promote balance, poise and concentration. Call 850-2539 for more information.

Exercise & Fitness

Adult Beginning Tennis



e: 18+
Day/Date: June 11-July 16
Time: 6:15-7:15pm
Registration Deadline:
June 6
Fee: \$45
Location: Spratley Middle

Instruction caters to the new tennis player. It includes

demonstrations of basic tennis strokes in a supervised gaming environment. Information will also include: basic tennis rules, etiquette, NTRP, conditioning, & on-court injury treatment. Students must provide their own racket; we will provide the tennis balls. Suitable footwear and comfortable clothing are recommended. For registration information call 726-5437

Feeling Fit & Fine Cross Training Aerobics

Age: Adult Day/Date: Mon & Wed. (monthly) Time: 5:15-6:15 m Registration Deadline:

3 days prior to start of new session

Fee: \$20

Location: Old Hampton Community Center Tone up & feel fit. This is a low/high impact class that emphasizes cardiovascular fitness, muscle tone and body sculpting with the latest classroom equipment to include: body bars, hand weights, dyna bands and jump ropes. Come take the challenge. For information on registration call 727-1123.

We Be Fit Cross-Training

Age: 18+
Day/Date: Tues & Thurs, starting June 3
Time: 5:45 – 7pm
Registration Deadline: Day of class with
instructor Kathryn Hopson
Fee: \$20/mo, first session free.
Location: Northampton Community Center

This is a low-impact, high-intensity circuit training session designed to increase cardiovascular fitness while developing and sculpting the body. A total body workout!

Tae Kwon Do

Age: 5 to Adults
Day/Date: Tuesdays starting June 3
Time: 7:15-8:15 m
Registration Deadline: Day of class

Fee: \$45 for 6 weeks

Location: Northampton Community Center

This class develops self-esteem and discipline along with advanced physical and mental skills. Students learn techniques, forms, philosophy and social interaction.

Jazzercise

Age: 18+

Day/Date: Mon, Wed, Thurs & Sat.
Time: Mon, Wed & Thurs. 6:15-7:15pm
Saturday: 9:15 – 10am
Registration Deadline: Monthly
Fee: New Student Special: \$7 a week unlimited
classes. All others: \$34 monthly.
Location: Northampton Community Center

Easy-to-follow choreography includes: a gentle warm-up, 30-minute aerobic workout, muscle toning, strengthening segment with weights and a stretch finale. Taught by a certified instructor using everyone's favorite Top 40, Jazz, Country, Funk and Classics.

Beach Volleyball

Age: 16+

Day/Date: Season begins Tuesday June 10 Registration Deadline: May 30 Time: 6 & 7pm

Fee: \$30 per person Location: Buckroe Beach

There will be 3 leagues available in which to participate: women's/men's 2 person, co-ed 4 person, and king and queen of the beach. Games will not be officiated; they will be played using the "call your own" philosophy. For additional information call 727-1113.

Introduction to Belly Dance

Age: 13+

Day/Date: Wednesday June 4-July 23 Time: 6pm

Registration Deadline: Wednesday, May 28 Fee: \$35

Location: Northampton Community Center Shining costumes and flashing finger cymbals are what we think of when we hear the words Belly Dance. What we don't think of is what great exercise it can bel Belly Dance is fun, easy to learn, and user friendly.

It increases flexibility, stamina, cardiovascular health and selfconfidence. Introduction class consists of basic movements, isolation techniques and posture instruction. No special costume required, just wear comfortable. workout-style clothes. For info on how to register call 726-5437.



Arts

Balloon Art

Age: 8 to Adult Day/Date: Tuesdays, June 17-July 8 Time: 4-5pm Registration Deadline: 2 weeks prior to class Fee: \$25

Location: Hampton Senior Center

Learn the art of ballooning as a hobby or as a means of making extra money. You will learn the basics in: balloon air fill, tying, twisting and brakes. You will need a balloon hand pump for this class. Call 727-1602 to register.

Adult Beginning Drawing

Age: 14+ Day/Date: Tuesday, June 3-24, July 8-29 Time: 5:15-6:15pm Registration Deadline: 2 weeks prior to class

Location: Hampton Senior Center

Learn the fundamentals and principles of fine art. This popular class introduces the basic formal skills and techniques as applied to nature, still life and the human figure with the application of pencil. Learn about shapes, shading and lines. Students must furnish paper and pencil. Call 727-1602 to register.

Beaded Anklet

Age: 13+

Day/Date: Tuesday, June 17

Time: 6-7pm Registration Deadline: June 11 Fee: \$18

Location: Northampton Community Center

Spring into summer with a new Anklet bead mix. Enjoy the mix of summer colors using bright blues, greens and purples, accented with a Sunflower button toggle. This creation is sure to catch everyone's eye. Supplies are provided. Call 726-5437 for registration information.

Dancing Bells Bracelet

Age: 13+

Day/Date: Thursday, June 19 & June 26 Time: 6-7pm

Registration Deadline: June 13 & June 20 Fee: \$18

Location: Northampton Community Center (June 19), Hampton Senior Center (June 26)

People will be drawn to you as you wear this dancing bell bracelet. This very unique bracelet is accented with 6mm fire polished beads in your choice of colors with Indian bells in gold or silver around the beads to give it that extra jingle. The bracelet is created on a stretch wire for an easy fit. This would make a great gift for anyone young or old. Supplies are provided. Call 726-5437 for registration information.

Adult Dance, Drama, and Music

Guitar & Improvisation Lessons Age: All

Day/Date: Mondays, June 23-July 28 Time: Half hour time between 10am & 3pm Registration Deadline: 2 weeks prior to start of class

Fee: \$18 per session. This is a 6-week class. Location: Hampton Senior Center

Class is designed for beginners, intermediate & advanced. Call 727-1602 to register.

Teen/Adult Ballet

Age: 14+

Day/Date: June 7-28, July 12-Aug. 2

Time: 12:30-1:30 Registration Deadline: 2 weeks prior to class.

Fee: \$40 Location: Hampton Senior Center

Previous ballet experience not necessary.

Excellent exercise alternative. It's never too late to learn the graceful moves of classical ballet.

Ballet is a great way to stretch and tone the body. Call 727-1602 to register.

Acting

Age: 13+

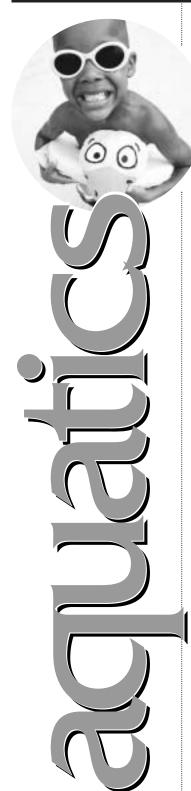
Day/Date: Mondays, June 9-July 14

Time: 5-7:30pm

Registration Deadline: 2 weeks prior to class Fee: \$90

Location: Hampton Senior Center

We will work on acting techniques, scene study, monologues, auditioning, cold reading, songs and concentration and preparation. Call 727-1602 to register.



IIII AIIL AIIU IUL CLASS	Idler Programs SESSIONS	DESCRIPTION	TIME	FEE
Aquababy (Parent Required)	6/7, 14, 21, 28, 29 7/5, 12, 19, 26 8/2, 9, 16, 23	6 mos2 yrs. Parents help children with water adjustment, submerging and bubble blowing.	Sat. 9-9:30 am	\$10
Pre-beginners (Parent Required		3-5 yrs. Children who are ready for water exploration, primarily safety and beginner crawl stroke.	Sat. 9-9:30 am	\$10

Level I:	Level II:	Level III:	Level IV:	Level V and Higher:
Water Exploration	Primary Skills	Stroke Readiness	Stroke Development	Pre Swim Team
Children are given tasks that help them become more comfortable in and around the water. Skills taught are submersion, breath control, floating, and water entry. Front crawl stroke introduced.	This level progresses to floating unsupported, rhythmic breathing, the flutter kick, and locomotion of arms for front and back crawl strokes.	At this level all strokes from previous levels are refined and combined with other skills. Skills taught are turns, bobbing, retrieval of objects from the deep water, and diving. Elementary backstroke introduced.	All strokes are developed with the introduction of diving from a standing position, treading water, and rotary breathing. Breaststroke and sidestroke are introduced.	Prerequisites: Swim on front and back one length of the pool. This class introduces, develops, and improves— strokes, endurance, starts and turns—to a competitive level.

CLASS	DAY	SESSIONS	TIME	FEE
Level 1-4	Sat	6/7, 14, 21, 28	10-10:45 am	\$20
		7/5, 12, 19, 26	4-4:45 pm	(8 Classes)
		8/2, 9, 16, 23	5-5:45 pm	(* * * * * * * * * * * * * * * * * * *
		9/6, 13, 20, 27		
Level 4+	Sat	6/7, 14, 21, 28	10-10:45 am	\$10
		7/5, 12, 19, 26		(4 classes)
		8/2, 9, 16, 23		,
		9/6, 13, 20, 27		

Adult / Seniors Programs

For more information, call 727-1123				
CLASS	SESSIONS	DESCRIPTION	TIMES	MONTHLY FEE/ 3 MONTH FEE
Aquafit	June July August	High Impact, Good for Overall Cardio Health	MWF 8-8:45am TTH 8-8:45am	Adult:\$24/\$72 (MWF) Seniors- \$21/\$63 Adult: \$16/\$48 (TTH) Seniors- \$14/\$42
Arthritis Plus	6/2 - 27 6/30 - 8/1 8/4 - 29	Low Impact-Emphasis on Stretching and Strengthening	MWF 9-9:45am	Adults: \$24/\$72 Seniors: \$21/\$63
Stretch & Tone	6/3 - 28 7/1 - 31 8/5 - 28	Low-Moderate Impact. Strength and Toning Exercises	TTH 6-6:45 pm	Adults: \$16/\$48 Seniors: \$14/\$42
Liquid Toning	6/3 - 28 7/1 - 31 8/5 - 28	Great for Beginners! Tones and Stretches.	TTH 9-9:45am	Adults: \$16/\$48 Seniors: \$14/\$42
Deepwater	6/2 - 27 6/30 - 8/1 8/4 - 29	No Impact but High Cardio—Good for Overall Health!	MWF 9-9:45am TTh 9-9:45am TTh 6-6:45 pm	Adult:\$24/\$72 (MWF) Seniors-\$21/\$63 Adult: \$16/\$48 (TTH) Seniors-\$14/\$42
Adult Beginners	6/3 - 28 7/1 - 31 8/5 - 28	A learn to swim class that lets you learn at your own pace.	TTH 7-7:45 pm	Adult:\$24/\$72 (MWF) Seniors-\$21/\$63 Adult: \$16/\$48 (TTH) Seniors-\$14/\$42

aquatics registration

June classes register May 19-30
July classes register June 23-30
August classes register July 21-31
September classes register August 18-29

General Swim Fees, Times & Information

You must obtain a Hampton Parks & Recreation ID card in order to be admitted into any general swim session. Without the HPRD ID card there is an additional \$2.00 with each visit (limit 2 visits).

Adults • \$1.50 Seniors • \$1.00 Youths/Teens • \$1.00

GENERAL SWIM	DAYS	TIMES
Lap Swim:	Mon-Fri Mon/Wed Saturday	11-12:45 pm TBA (please call) TBA (please call)
Open Swim:	Mon-Fri (May-June 13) Mon-Fri (June 16-August 29) Saturday	1-3 pm 1-2:15 pm & 2:30-3:45 1-2:15 pm
Family Swim: Adult needs to accompany	Friday all youth	5:30-6:45 pm
Free Swim: Must have a current HPR	Mon-Thur (Ends June 13) ID	4-5 pm

1.2 Mile Open Water Swim

Saturday, May 24

Check in 9am, safety meeting 9:45 Buckroe Beach \$15 Entry Fee

(includes cap & t-shirt)

The fifth annual open water swim begins a season of unique and challenging outdoor events at Buckroe Beach. Check in opens at 9am on the boardwalk near the Point Comfort Ave turn around. Swim starts at 10am. For more information call 727-1665. Registration forms available at www.hampton.gov/parks

Beach Safety Awareness Day

Saturday, June 14

No Admission

Bring the whole family to learn how to stay safe at the beach and in other aquatic environments. See marine life in touch tanks, learn about outdoor adventure programs, register for camps, fun and games, food and drinks, and see the fitness festival that's part of the triathlon weekend. Call 727-1665 for more information.

Tri-America Triathlon

Saturday, June 14 & Sunday, June 15

The second year for this national series of triathlons. Athletes from across the country will converge on Buckroe Beach Park for this weekend fitness festival that concludes on Sunday morning with a 1.5k swim, 40k bike, and 10k run. A kids mini-triathlon is part of the

Saturday activities. For information call 722-1222. For an application go to www.triamerica.com.

Guardstart

Monday, June 16 Cost: \$95

This INDOOR program is designed for children ages 8-14 who are interested in getting a look inside the lifeguard profession. This 10am-3pm program helps participants build a foundation of knowledge, attitude, and skills to become responsible lifeguards in the future. Fee includes: whistle, t-shirt, and booklet. For more information call

Woman's Invitational Lifeguard Competition

Wednesday, August 13

Time: 6:30 pm

Location: Buckroe Beach, Beach 3

The second year for this event pitting the best female open water lifeguards in the area in 8 highly competitive individual, partner, and team events. One of only 3 'women only' events on the east coast, come see our women guards compete. For information call 777-1665

Aquathlon (Run-Swim-Run)

Saturday, August 30

Fee: \$15

Location: Buckroe Beach

The second year for this 1k run, 1.5k swim, .5k run at Buckroe Beach. Entry fee gets you a great t-shirt and a chance to have fun with local open water swimmers, triathletes, and runners who swim (or swimmers who run). Teens love this one because everyone competes together! For more information call 727-1665.

Lifeguard Reunion

Saturday, June 28

Time: 4-6pm

Cost: \$15

Location: Buckroe Beach

This is the second reunion of lifeguards who worked on Buckroe Beach from 1942 until the present. Relive the best and funniest times of your career as a beach lifeguard, have something to eat and drink, pick up your reunion t-shirt, and stick around and watch the Invitational Lifeguard Competition on beach 3. Fee pays for everything, including the reunion picture. Dig thru your attic and find some memorabilia to donate to the decorations in the guards lounge. For more information call 727-1665.

Invitational Lifeguard Competition

Saturday, June 28

Time: 6:30 pm

Location: Buckroe Beach

Come watch the best lifeguards from local beaches compete with the Buckroe Beach Patrol's finest in traditional lifeguard competition events. This is the first in a series of local competitions to prepare for regional and national competitions this summer. There is no admission fee for spectators. This is the 3rd year for this exciting event. You won't see this on ESPN, so come out to the beach and support the BBP lifeguards. For more information call 727-1665.



Volunteers

A volunteer opportunity is yours for the asking. Parks & Recreation can provide opportunities for men, women, and teens to get connected to their communities. You may volunteer as an individual or work as part of a group and help create healthier communities, encourage citizenship, and improve service delivery. As partners in this effort, we can work to enrich the quality of life for everyone, citywide.

For a list of volunteer opportunities or information, please call 825-4685.

Hampton Senior Center

For More Information Call 727-1601 • Programs Held at 3501 Kecoughtan Road.

Senior Awareness Day

Day/Date: Wednesday, May 21 Time: 10-2pm Fee: Free

Location: Coliseum Mall

In an effort to promote senior awareness, we will have arts, crafts, community agencies, health screenings, fashion shows, line dancing, and more!

Hampton Triad Fish Fry

Day/Date: Friday, June 6 Time: 11-3pm

Location: Hampton Senior Center Join us for baked beans, fried fish, coleslaw, iced tea, and dessert!

Breakfast & Bingo By the Sea

Day/Date: Friday, June 27 Registration Deadline: June 13 Time: 9am

Fee: \$4

Location: Lighthouse Shelter

Have a biscuit breakfast with coffee and juice and play Bingo by the sea breeze.

Covered Dish Bingo

Day/Date: Tuesday, July 22

Registration Deadline: July 8 Time: 10:30am Fee: Free

Location: Sandy Bottom Nature Park Play bingo, enjoy a covered dish lunch and then play more bingo in a serene park setting.

Banana Split Bingo

Day/Date: Thursday, August 21 Time: 1pm

Fee: \$4

(Children Under 12 \$2) Location: Hampton Senior

Play bingo and cool off with banana splits on a hot summer day. Moms, dads, children, grandparents are invited.

Senior Trips • Call 727-1978 for information on any of the senior trips

Norfolk Harbor Fest

Day/Date: Friday, June 6 Registration Deadline: May 23

Time: 10-5pm Fee: \$4

Location: Meet at Hampton Senior Center

Enjoy a festive event at Waterside overlooking the harbor. Every kind of food vendor will be there to offer a variety of food, as will as arts-n-crafts vendors, live music, contest; tours of ships will be available

Annabel Lee Showboat Cruise

Day/Date: June 20 Registration Deadline: May 16 Time: 7:30-4:30pm Fee: \$44/ includes cruise, luncheon, and Motor coach

Poquoson Island Players' Guys and Dolls

Day/Date: Saturday, June 28 Registration Deadline: June 6 Time: 7-11pm Fee: \$14 (Bus/Admission) Location: Meet at the Senior Center

Location: Meet at Hampton Senior Center

Enjoy Damon Runyan's romantic comedy, considered by many to be the funniest musical around! There

will be a stop for dinner "on your own" before the play.

July Mystery Trip

Day/Date: Friday, July 11 Registration Deadline: June 27

Time: 10-4pm Fee: \$4

Location: Meet at Hampton Senior Center

Ms. Hampton II Cruise

Day/Date: Saturday, July 19 Registration Deadline: June 27 Time: Cruise from 2-5pm (or meet for lunch at 12pm)

Fee: \$16

Location: Meet at the Radisson Hotel in Hampton

Join us for a three-hour cruise, visiting the sites and sounds of Hampton Roads. Join us early for lunch at the Radisson's Pier 21, or wait for snacks on the pleasure cruise. Will be rescheduled in case of inclement weather.

Gloria Emmrich's King David: Sweet Psalmists of Israel

Day/Date: Wednesday, August 6 Registration Deadline: July 1 Time: 8:30-6pm Fee: \$30 (Admission/Bus)

\$7 (Optional Trolley Ride)

Location: Meet at Hampton Senior Center

The play is about King David, a child of vision and a man of resolution and determination. This musical saga will touch your life. The play will take place in Edenton, NC, which is approximately 1.5 hours away. Lunch will be at Nixon family style restaurant group rate \$7.92 buffet style consist of 4 meats, all kinds of vegetables, desert, drink, tip and tax.

WHRO Tour Public Broadcasting

Day/Date: Friday, August 8 Registration Deadline July 25

Time: 10-3pm Fee: \$4

39 58 65

Location: Meet at Hampton Senior Center

Take a tour of WHRO, then to lunch at the Famous Uncle Louie's! After lunch, join us for a little shopping at Ward's Corner.

Spirit of Norfolk

Day/Date: Friday, August 15 Registration Deadline: June 1

Time: 9:30am

Fee: \$32 (Cruise, Buffet, Transportation) Location: Meet at Hampton Senior Center

Enjoy a waterside view of the Hampton Roads Harbor from the Spirit of Norfolk. You will be entertained with music, dance, and served a delicious lunch.

Hilton Head. South Carolina

Day/Date: Mon-Fri, Oct.6-10 (5 days/4 nights) Registration Deadline: August 8

Fee: \$455

Enjoy 5 nights and 4 days in beautiful Hilton Head, South Carolina. This package includes a shopping trip, dolphin watching boat cruise, tour of historic Savannah, tour of Hilton Head and Beaufort, and three full course dinners.

Lifelong Learning Age 55+ unless otherwise indicated • Call 727-1602.

Computer Class at HRHA

Age: 55+ Day/Date: Monday and Wednesdays Time: 10-12pm

Fee: \$30.00 Location: HRHA

(1296 Thomas Street)
Learn computer basics,
such as recognizing basic
hardware components,
understanding wordprocessing, computer
housekeeping tasks, setting up
and organizing an e-mail account,
browsing computer directories, and the

organization of the world-wide web.

AARP Driving Refresher Course

Age: 50+

Day/Date: May 19 &20, July 14 & 15, Oct. 6 & 7

Time: 9-1pm
Fee: \$10.00
payable to AARP
Location: Hampton
Senior Center

AARP is a driving refresher course for anyone over 50, no

road test. The good news is that in most cases you can get a discount on your car insurance.

Gardening

Age: 50+

Day/Date: June 11, July 17 & August 13 Time: 1pm

Fee: Free

Location: Hampton Senior Center Master Gardener Peggy Merz and her

colleagues will
demonstrate "Planting
Colorful Petunias and
Impatiens in
containers" on June 11;
"Growing Herbs" on July
17; and "Container

Gardening" on August 13.

Friends of Hampton Senior Center

Meets third Thursday of each month Hampton Senior Center • 9 am

Bessie Moody • Laretha Bandy Edith Chandler • Cynthia James

Margaret Singletary • Alice Hill

Senior Citizens Advisory Committee

Meets first Monday, bimonthly • 10 am Main Library (location subject to change)

Bill Baker, Chair

Lillian Johnson • Sadie Brown

Albert Simpson • Frederica Jordan

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DOWNTOWN HAMPTON

197 W. Queen Street ■ Hampton, VA 23669 Tuesday-Saturday ■ 9 AM-5 PM



Senior Meetings

Timeless Fashion Modeling Club

Age: 55+

Day/Date: Third Tuesday of Each Month Location: Hampton Senior Center Learn beauty and modeling techniques, then participate in fashion shows.

Lunch Bunch Club

Age: 55+ Day/Date:

2nd Tuesday of Each Month Time: 12:30pm

Registration: One Week Prior Location: Different Restaurant Each Month (Call Senior Center at

727-1601 for More Information)

Bridge Group Open Play

Age: 50+

Day/Date: Tuesday and Thursday

1-5pm

Registration: Starts in May

Fee: Free

Location: Hampton Senior Center

2 3 A A

The room is ready and the air conditioner is cool. Are you looking for a pleasant place to meet with

friends and play some bridge? We provide a welcoming spot for you.

Pinochle Instruction & Play

Age: Adults Day/Date: Monthly Time: 2-3:30

Registration: On-going, call & add your name to the list of players.

ee: Free

Location: Hampton Senior Center Learn to play a card game that will last a lifetime.

Pollution Taking Hampton Roads Area By Storm

Cheryl Copper

Thank You!

to the volunteers
who removed 6 tons
of trash with the
Great Hampton
Shoreline Cleanup
on May 3rd.

he phrase is coined, minted and in circulation: "From the home front to the waterfront, clean waterways begin with you."

Maybe you heard the phrase in a radio jingle or saw it on a cable tv ad. Perhaps you picked it up on a free rain poncho at a festival exhibit. Local public education folks representing 16 localities have a wealth of information on ways to enrich the environment around you. All the brochures, exhibits, web sites, advertising, mutt mitts and freebies would be worth their weight in gold if the message hit home.

Here's the hard part: the message involves change. That local creek or river nearest you receives storm water that runs off your sidewalk or street. So all the litter—cigarette butts, bottles and fast food

containers—left on the ground drains directly into that waterway. There's no treatment plant to filter out cigarette butts, oil or lawn chemicals, no way to extract the detergents that run into the storm drain when cars are washed in driveways. Without a change in habits, Hampton Roads waters stand to gain the flotsam and jetsam of 1.5 million people. And that really does a number on one of our greatest assets—the Bay and its tributaries.

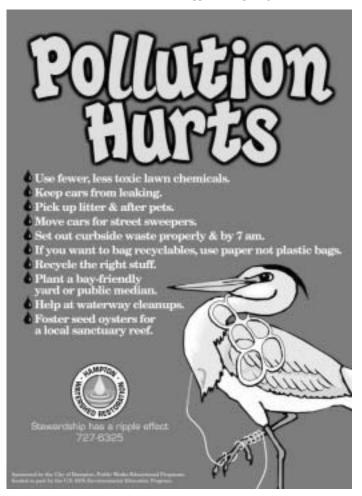
A note on the bright side there's a growing group of concerned citizens and businesses who care. In Hampton, Hampton Watershed Restoration has done bay-friendly plantings and

Tips you can take to the bank, the bank of your local creek that is.

workshops, oyster restoration and waterway cleanups. That's something to take to the bank. What kind of a deposit is your street making to that nearby waterway?

Get your two cents in. Drop a tip or pick one up. Check out the city's web site at www.hampton.gov/publicworks as well as HRSTORM, a link at www.hrpdc.org

Cheryl Copper is Environmental Relations Manager for the City of Hampton Public Works Department. The City initiated its storm water management program in 1993, and began the Hampton Watershed Restoration as part of its public education efforts. She can be reached at 727-6325 or email ccopper@hampton.gov



NOW OPEN



Step back in time to experience the historical excitement of "Four Centuries on the Bay – From the Sea to the Stars", in our ten galleries of permanent and changing exhibits. Take a trip through time to discover how Hampton evolved into the All America City of today.

If you "love" history and you "love" Hampton, you can't help but to fall "in love" with this great museum.



Whether you're looking for an inexpensive souvenir or a tasteful & unique gift you'll find it in our Museum Shop located in the lobby.

120 Old Hampton Lane, Hampton, VA 23669 • (757) 727-1610

MUSEUM HOURS: Monday-Saturday – 10am-5pm • Closed Sundays Closed Thanksgiving, Christmas, New Years Day

ADMISSION FEES: \$5 Adults • \$4 Seniors, Active Military, Active NASA, Children 4-12 Children under 4 are free

Grandview Jishing Pier

- ◆ No License Required on Pier
- ◆ Crabbing from Pier
- ♦ Rod & Reel Rentals
- ♦ Live & Frozen Bait
- ♦ Night Lights
- ◆ Official Weighing Station for the Virginia Saltwater Tournament
- ◆ Open 24 hours a day, 7 days a week Memorial Day to Labor Day (weather permitting)
- ♦ Group Rates Available
- ◆ Season Passes



Need to know more? Check out our web site at www.grandviewpier.com or call 851-2811.

Watch us in progress...

West Hampton Community Center at Lindsay Middle School is scheduled to open this Fall! www.hampton.gov/parks



Nature Park Birthday Parties

New this year, let us help you design a unique Outdoor Nature Park Birthday Party for your child. Themes, options and cost can be explored with our party organizers. 825-4657

Gosnold Hope Park - 850-5116

This park is the destination point of many Hampton residents who come to enjoy the serenity of this 105acre park. The park offers a variety of settings and amenities for families and individuals. Features include picnic shelters, campsites, a public boat ramp, BMX track, a fitness trail, athletic fields and a children's playground. The park is open year round form 7am to sunset. There are 8 shelters available for rental at a cost of \$10-\$35

Eason Memorial Park

The James E. Eason Memorial Park is a barrier free located on Victoria Blvd. This park offers picnic shelters, a small children's playground and a relaxing walking trail. There are 2 shelters available, the small shelter is free and is first come, first serve. The large shelter is \$20 for half day, \$35 for whole day.

Briarfield Park

Softball players and fans come from surrounding areas to play at this regional athletic park. This 49-acre site plays host to many National Softball Association games and tournaments. The mild climate in Hampton allows this park to be used year round by sport and nature enthusiast. The park features four lighted softball fields, five lighted tennis courts, picnic shelters and a children's playground. There are 4 shelters available for rental at a cost of \$10-\$20.

Parks & Facilities

60 Pine Chapel Road, Hampton, VA 23666

The farm offers an exciting, family-oriented adventure and educational experience rarely seen in an urban environment. This farm has more than 250 domestic and wild animals, including a mountain lion, bobcat, pheasants, cattle, deer, pigs, waterfowl, barnyard fowl, ponies, sheep, goats, birds of prey, and even peacocks strutting along the walkways. There are picnic tables under a shelter and many more picnic tables in various locations. Enjoy an antique display barn with vending machines, Hampton Master Gardeners Display Garden, and a large playground with plenty of space for kids to roam. Handicap-accessible restrooms on-site. We are in the process of building a new Wildlife Exhibit Building, a new picnic shelter, amphitheatre, rabbit habitat, refurbishing our pig exhibit and other buildings, and adding new playground equipment. Park rangers are on duty year-round. Fax# 825-4739. E-mail bluebird@hampton.gov

Free admission and parking.

Open year-round, Wednesday-Sunday, 9am-5pm (closed on Monday and Tuesday, major holidays, and on Wednesday when a major holiday falls on a Monday or Tuesday.)

100 North First Street

Buckroe Beach is a favorite of residents and visitors to Hampton. The 3/4 mile clean, uncrowded beach is perfect for a day of relaxation. The adjacent park provides picnic shelters with table & grills, a children's playground, a large stage pavilion for community events, festivals and ample open space. Kayak & umbrella rentals are available during the season and lifeguards are on duty 10am-6pm, Memorial Day to Labor Day. There are 2 shelters available at a cost of \$20-\$35. Rental for the stage is \$100.

For information on shelter rentals call 727-6347.

9 Woodland Road

The Center is a full service Municipal Tennis Facility, employing a Managing Pro, Teaching Pro and a staff trained to maintain the (7) clay courts in excellent playing condition and to provide playing alternatives to suit your tennis requirements.

It is our goal to make your Tennis Playing activity a most enjoyable & rewarding experience.

CENTER HOURS

Monday-Thursday	8:30-Noon & 3:30-9:30pm
Friday & Saturday	8:30-Noon
Sunday	1-6pm

WE OFFER

Season Passes	
Ball Machine	\$10/hr
Racquet Stringing	
Private Lessons	By Appointment

This course was designed by noted architect Dr. Michael Hurdzan. The Hamptons boast three distinctive nines, each with its own unique qualities. "The Woods" takes you out through tree-lined fairways punctuated by well-bunkered greens. "The Lakes" is perhaps the most scenic of the three nines, and the most challenging. Those beautiful lakes come into play on five of the nine holes. "The Links" nine has Scottish-style mounting pot bunkers and windswept ornamental grasses, dappled with a colorful array of wildflowers. Add to this a large putting green and practice range and the package is complete.

For rates or other information, please call or visit www.hampton.gov/thehamptons 320 Butler Farm Road Open year-round, sunrise to dusk

Enjoy this sporty 5,900-yard regulation par-69 golf course with bent green grass, Bermuda fairways and roughs, and 52 sand bunkers. The Woodlands has a newly renovated clubhouse with a pro shop catering to both men and women golfers. There is a new full-service restaurant and outdoor patio, featuring a new luncheon menu. A meeting room is available for rent to the public and may be reserved. Fees vary.

For rates or other information, please call. 9 Woodland Road Open year-round, sunrise to dusk

Sandy Bottom Nature Park 825-4657

1255 Big Bethel Road, Hampton, VA 23666 Fax # 757-825-4658. E-mail sbottom@hampton.gov. Website www.hampton.gov/sandybottom

This 456-acre environmental education and wildlife management facility offers a Nature Center with animal exhibits, conference and classroom, library, hiking trails, fishing, jon boats, paddle boats, canoes, educational programs, nature videos, wildlife education area, picnic shelters, playground, gardens, amphitheatre, and primitive single and group campsites. We have added a new equestrian trail and we are in the process of expanding our playground, improving our Nature Center signage, adding a "Dog Park", and refurbishing our tent cabins. Park Rangers on duty year round. Free admission and parking (rental fees for use of jon boats, paddle boats, and canoes, campsites, reserved picnic shelters, conference and indoor classroom, and some educational programs).

Park Shelter Fees

Gosnold Hope Park

\$20 Half Day/\$35 Whole Day Cedar, Elm & Redbud

\$10 Half Day/\$20 Whole Day Bayberry, Black Gum, Cherry, Locust & Oak

Briarfield Park

\$10 Half Day/\$20 Whole Day Azalea, Boxwood, Dogwood & Magnolia

Buckroe Park

\$20 Half Day/\$35 Whole Day Lighthouse & Sandcastle

Eason Park

\$20 Half Day/\$35 Whole Day Large Shelter

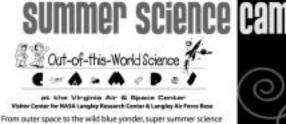
Small Shelter Free on first come first served basis

Hampton Parks & Recreation

22 Lincoln Street ■ Hampton, Virginia 23669 Phone: 757-727-6347 ■ Fax: 757-727-8313

PHONE DIRECTORY	
Athletics	North Phoebus Community Center
Athletics Hotline	Old Hampton Community Center/Pool
Buckroe Beach	Parks Operations
Hampton History Museum727-1051	Picnic Equipment Rental727-1979
Hampton Senior Center	Picnic Shelter Reservations850-5116
Lincoln Park Outreach	School Age Programs
Mingee Drive Operations825-4478	Special Events Permits
Northampton Community Center825-4805	Internet Address





From outer space to the wild blue yonder, super summer science camps at the Virginia Air & Space Center mean stellar summer fun!

VIRGINIA



Call 757-727-0900 ext. 780 for more information and to register or visit www.vasc.org

Little Wings June 23-27
Astronaut Me at Zero Gl July 7-11
Star Light, Star Bright July 14-18
Jr. Astronaut Adventure July 21-25

9 a.m. to noon

Contruction Junction Little Robots Gizmos, Gears and Gadgets July 28-August 1 August 4-8 August 11-15

ages 7-12

Blimps Planes and Flying Things Wizard's Apprentice Speed Racers Star Struck Astronaut Adventure: Blast Offl June 23–27 June 30–July 3 July 7–11 July 14–18 July 21–25 9 2.M. to 3 P.M.

Scream Machines Astronaut Adventure: Robo-Power Groovy Gizmos and Kreepy Krawlers Science Sleuths

July 28-August 1 August 4-8 August 11-15 August 18-22

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9 a.m. to 3 p.m.

Junior Flight Academy

June 23-27 and July 21-25

2003



Miss Hampton II Harbor Cruises

764 Settlers Landing Rd. • Hampton, VA 23669 (757) 722-9102 • Toll Free 1-888-757-BOAT Fax (757) 722-9113

Virginia's Favorite All-Day River Cruise

Sail the calm water of the famous Intracoastal Waterway. See the world's largest naval fleet, cruise through downtown Norfolk and Portsmouth, watch for animal life near the Dismal Swamp, and experience a passage through the Great Bridge Locks. Fully narrated. Continental Breakfast, Buffet Lunch, Music included. Various dates Spring and Fall. Call for schedule and prices.



Register Early!

All classes are filled on a first-come, first-served basis. Each class must draw a minimum number of participants or it will be cancelled.

Program fees must be paid at the time of registration. Unless otherwise noted, full payment serves as your registration. Early registration helps prevent class cancellations.

Refund/ Cancellations Policy

Full refunds will be sent automatically when classes are cancelled due to insufficient registration or when changes in time, day, or location prohibit the registrant's attendance.

- Since commitments for these services are made prior to the class start date, no refunds are given after the class has met for the first time.
- If you are unsure of a class and want to attend the first class without registering, call 727-1602 and ask to sample a class.

You can print out an application by going to our website: www.hampton.gov/parks



The Hampton Parks and Recreation Department does not discriminate against any person on the basis of race, color, national origin, ancestry, age, marital status, religion, sex or disability. If you are disabled and have need for a special accommodation in order to participate, please contact us at 727-6348.

Parks & Recreation Advisory Board

Meetings are open to the public and will be held the first Wednesday of each month at 7:30 pm in the City Hall Fifth Floor Parks and Recreation Office. Subject to change. Please call 727-6479 to confirm meeting date/time.

Board Members: W. A. "Bud" Porter, Chair

Ted Parr, Vice Chair Kevin Davis Ben Hammond Meghan Jennings Gloria Pressley

Mayowa Solarin John Watkins Jesse Wilkins, Jr.

Big Bands at Buckroe

Sundays 6-8 pm

"Take the A-Train", as we'll be "Jumpin & Jivin" at Buckroe Beach this Summer.

New this year, BINGO! Come out at 5pm on Sundays before the start of the Big Bands and play BINGO for great prizes and gift certificates; including a DVD player, excursions aboard the Miss Hampton II, Yearly membership to the Hampton History Museum and much more.

Enjoy the sounds of the Big Band era and dance under the stars!

IUNE: 15 The Townsmen • 22 Society of Seven • 29 Dick Crist Orchestra

JULY: 6 First Class • **13** Katz n Jammers **20** Buddy Clarke & His Champagne Orchestra • **27** Roberto Henriquez

AUGUST: 3 Super Swing Band • 10 Sound Investment • 17 The Lyrics 24 Top Hats • 31 Gator Allmond & Spice for Life Band

Free Admission. Food & Beverages available for purchase. Bring your own chair or blanket. Buckroe Beach Park. End of East Pembroke Ave.

For additional information call 727-8311.

